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A copy-ready message for parents and carers

For staff: Add the date, contact name and school-specific support information before sending.

This week we are reading **Fuzz Fox and the Missing Piece**

Dear parent or carer,

Our class will be sharing a gentle story about Fuzz Fox after his Grandpa dies. The story explores sadness, mixed feelings, memories, friendship and asking trusted adults for help.

Children will not be asked to share a personal experience. They may draw, write, talk or pass, and a calm space and trusted adult will be available.

You might like to ask:

- What helped Fuzz when sadness came back at school?
- Can a heart hold two feelings at once?
- Who are the adults you can ask for help?
- Is there a story, photograph, song or object that holds a special memory for your family?

Please let us know before the session if there has been a recent bereavement or anything else that would help us support your child sensitively.

School contact: _____

Session date: _____

School-specific support: _____

With care,

The Little Woodlands Feelings Lab